

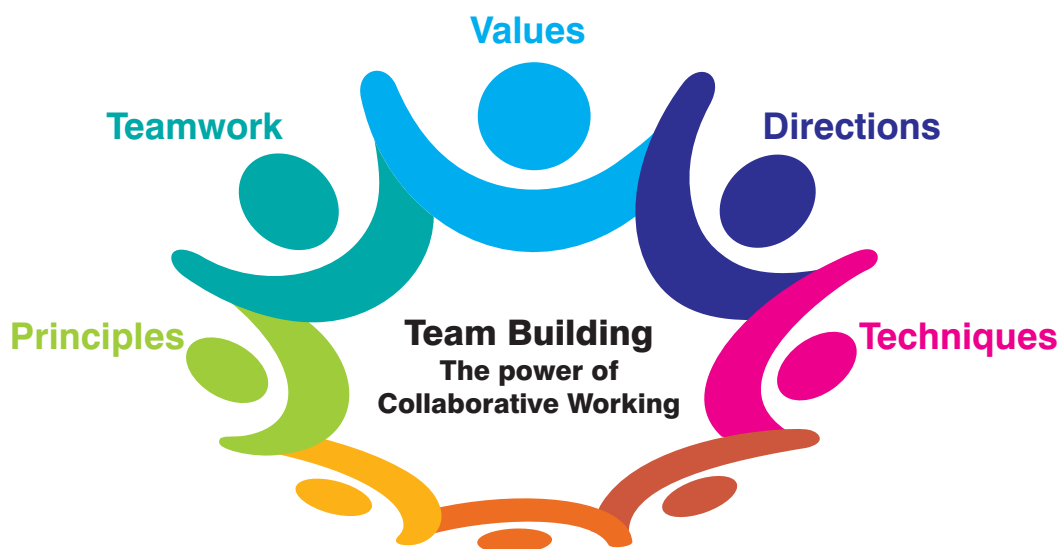
Team Building

Great teamwork makes things happen more than anything else in organisations. Team building activities are useful for improving team dynamics, building trust, facilitating communication and teamwork.















An important step when planning a team building exercise is to start by working out what challenges your team faces. Spend time thinking about your team's current strengths and weaknesses.
















Employees that complete leadership development programs based on team building principles are:

- ❖ 29% less likely to pursue management roles
- ❖ 32% more likely productive on teams
- ❖ 10% more unlikely to leave their employer
- ❖ 82% less likely to use paid time off
- ❖ 45% more likely to stay with their employer



- ❖ We understand the dynamics of varying company cultures in the local market. Changing and developing teams, multicultural challenges and change management are just some examples.
- ❖ We listen to your business needs and can advise on which package would suit your needs. We tailor the activity and facilitator accordingly.
- ❖ We make our content practical so that it can be instantly applied to your business environment.

Category	Activity	Description	Duration	Location	Participant Numbers	Business Benefits
 Active	 Olympic Challenge	<ul style="list-style-type: none"> A truly energising experience with the Olympic challenge Groups will be divided into teams and briefed on their challenges Challenges include Climbing wall, Relay race, Tug of war, Human foosball, Obstacle course, Ski relay, Basket ball, Skilled games Each group is timed and scored to be awarded points The grand finale is an awards ceremony where the winning teams stand on a podium and are given Gold, Silver and Bronze medals and a rousing reception! 	2 - 4 hours	 Outdoor	30 - 300 People	<ul style="list-style-type: none"> Team dynamics Communication Strategy Motivation Creativity stimulus Alignment of goals Fun Bonding Team spirit
 Active	 Desert Adventure	<ul style="list-style-type: none"> Your team will experience the beauty of the Dubai Desert with this experience in variety of Desert based locations Your group will be split into teams and given equipment to complete their task of finding a treasure chest amongst the sand dunes A whole host of activities will feature in this fantastic adventure including 4 X 4 Dune bashing, Camel riding and Dune buggy rides The finale of the experience is a Desert barbeque, Belly dancing and traditional Tanoura dancing as well as Henna decoration. 	8 hour day 1- 2 hours of this activity	 Outdoor	30 - 80+ People	<ul style="list-style-type: none"> Cross team cooperation Project planning and management Team dynamics Communication Strategic decision making Leadership Fun & Motivation Bonding Team spirit
 Creative & Inventive	 Big Picture	<ul style="list-style-type: none"> Creative and collaborative art based experience Teams split into groups and given blank canvas Teams then paint their part of the overall picture on canvas Each piece of artwork is then pieced together to form a large completed canvas picture A fantastic way to develop creativity and communication between colleagues 	1.5 - 2 hours	 Outdoor  Indoor	20 - 400+ unlimited	<ul style="list-style-type: none"> Project management Practical leadership Stimulating creativity Communication Strategy planning Cooperation
 Creative & Inventive	 Fashion Grand Prix	<ul style="list-style-type: none"> Try your hand at fashion design by designing your own corporate collection! This experience will ensure your teams creative side is revealed Each team will be provided with everything they need to make their capsule collection; swatches of fabric, safety pins, scissors, budgets, etc Designs can be based on a theme or a free for all to really showcase their creative talent The grand finale ends with a catwalk to reveal their capsule collection! 	2 - 3 hours	 Outdoor  Indoor	Unlimited numbers	<ul style="list-style-type: none"> Project management Team dynamics Budget control Motivation Leadership Project planning Creativity Branding

Category	Activity	Description	Duration	Location	Participant Numbers	Business Benefits
 Daring & Challenging	 Board break!	<ul style="list-style-type: none"> • Break through boundaries! • Remarkable event which alters the way you approach new challenges and opportunities • This workshop provides the challenges and techniques for each member of the team to break through a solid wood board with their bare hands • Your team will be coached and mentored by a qualified NLP practitioner who will brief and debrief the event 	2 hours	 Indoor  Outdoor	Minimum of 10+ Unlimited number	<ul style="list-style-type: none"> • Risk Management • Decision making skills • Improves self belief • Improves confidence • Motivation • Focus and concentration • Improves attitude
 Daring & Challenging	 Firewalker	<ul style="list-style-type: none"> • Who dares wins! • An exhilarating and energising experience involving the whole team being coached to walk across hot coals • This experience truly focuses the mind and ensures each person achieves their goal • This experience involves a professional and qualified leader to guide the participants through the firewalk • Your team will be so invigorated by this exercise they will want to achieve their targets. 	2 - 3 hours	 Outdoor	20 - 200+ unlimited number	<ul style="list-style-type: none"> • Strategic decision making • Communication • Motivation • Risk Management • Team dynamics • Fun • Improves confidence • Improves self belief • Focus and concentration • Improves attitude
 Daring & Challenging	 Arrow break	<ul style="list-style-type: none"> • Prepare to dare with this arrow breaking exercise • This workshop is run by a qualified and experienced NLP practitioner who will coach and mentor your team • Be amazed as your team break the shaft of an arrow in the notch of their throat without any injury! • This challenge totally focuses the mind and allows the individual to overcome their obstacles to enable them to reach their goals • True self belief and mind over matter is what counts with this experience 	2 hours	 Outdoor  Indoor	20 - 200 + unlimited number	<ul style="list-style-type: none"> • Strategic decision making • Communication • Motivation • Risk Management • Team dynamics • Fun • Improves confidence • Improves self belief • Focus and concentration • Improves attitude
 Music & beats	 Drumming experience	<ul style="list-style-type: none"> • Stimulating and vibrant drumming experience • Create an exhilarating and energetic performance by transforming your team into a unique rhythm band • True sense of achievement and interactivity with this exercise • Motivational brief and debrief with inspirational speaker and facilitator 	2 - 3 hours depending on requirements	 Outdoor  Indoor	20 - 100	<ul style="list-style-type: none"> • Team Dynamics • Communication • Strategy • Motivation • Creativity stimulus • Alignment of goals • Fun